The Well-Visit Neurology Exam

a.k.a. Just do something!

**Cognition**

* Wakefulness and alertness
* Orientation
* Basic language and speech function
  + Repeating phrases
  + Naming objects
  + Following commands (ascertained through rest of exam)

**Cranial nerves**

* Pupillary exam
* Eye movements
* Facial strength
* Palatal elevation
* Shoulder shrug
* Tongue movements

**Motor**

* Pronator drift
* Finger tapping

**Coordination**

* Finger to nose
* Heel to shin

**Sensory**

* Romberg testing

**Gait**

* Normal walk and turn
* Stand on heels, Stand on toes
* Tandem gait

Patient with suspected problem that may be localized to the brain

**Cognition**

* Wakefulness and alertness
* Orientation
* Basic language and speech function
  + Repeating phrases
  + Naming objects
  + Following commands (ascertained through rest of exam)

**Cranial nerves**

* Visual field
* Fundoscopic exam
* Pupillary exam
* Eye movements
* Facial strength
* Palatal elevation
* Shoulder shrug
* Tongue movements

**Motor**

* Pronator drift
* Individual confrontational muscle testing
  + Include neck flexion and extension strength
* Finger tapping

**Coordination**

* Finger to nose
* Heel to shin

**Sensory**

* Romberg testing
* Light touch testing
* Joint position sense testing

Reflexes

* Deep tendon reflexes
* Babinski response test

**Gait**

* Normal walk and turn
* Stand on heels, Stand on toes
* Tandem gait

Patient with suspected problem that may be localized to the spinal cord or peripheral nervous system

**Cognition**

* Wakefulness and alertness
* Orientation
* Basic language and speech function
  + Repeating phrases
  + Naming objects
  + Following commands (ascertained through rest of exam)

**Cranial nerves**

* Pupillary exam
* Eye movements
* Facial strength
* Palatal elevation
* Shoulder shrug
* Tongue movements

**Motor**

* Pronator drift
* Individual confrontational muscle testing
  + Include neck flexion and extension strength
* Assessment of tone
* Finger tapping

**Coordination**

* Finger to nose
* Heel to shin

**Sensory**

* Romberg testing
* Light touch, sharp, vibration, and joint position sense testing in toes and feet
* Assessment of sensory level on trunk

**Reflexes**

* Deep tendon reflexes
* Babinski response test

**Gait**

* Normal walk and turn
* Stand on heels, Stand on toes
* Tandem gait