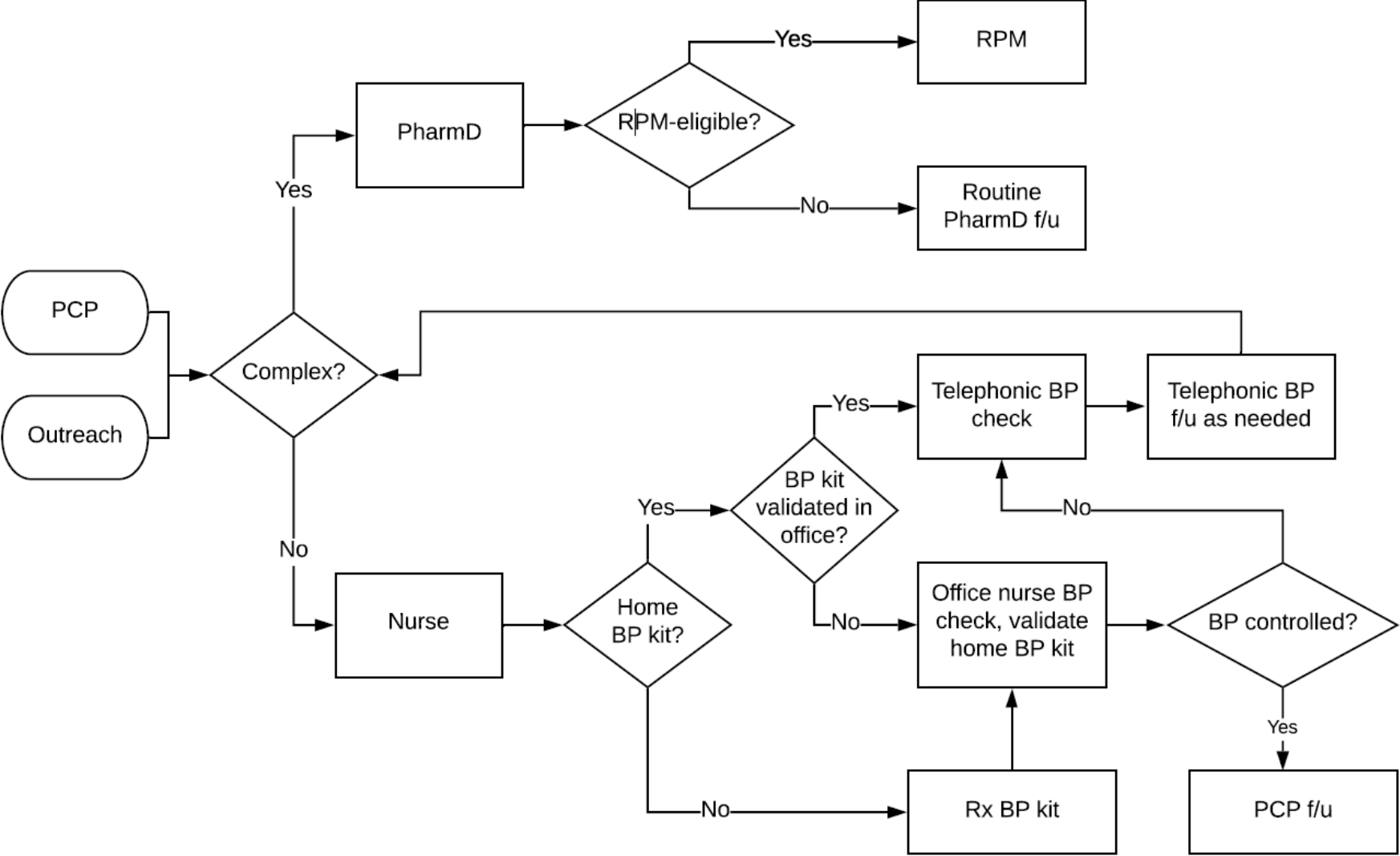


Team-Based HTN Management in IMA



## Provider-referred Nurse Home Blood Pressure Checks

Staff Message

To

P IMA FIRM C NURSE POOL x

Show Cc

Home BP Check

Patient

Current Patient

abc

↶ ↷

⌂ ? ? +

Insert SmartText

↩ ↪ ↵ ⌵

100%

HOME BLOOD PRESSURE CHECK - INSTRUCTIONS FOR CARE TEAM:

- Please call the patient in 2 weeks to obtain the most recent home BP reading. If the most recent home BP was taken more than 1 week prior to the call or was  $\geq 140/90$ , have the patient repeat the blood pressure at the time of the call. If that BP is  $\geq 140/90$ , please repeat the BP 5 minutes later and record the lower reading; document it as a "patient-reported home BP" in the vital signs flowsheet.
- If the BP is **\*\*\***, make the following changes: **\*\*\***
- If BP is at goal, continue the current regimen.

Thank you.

# .HOMEBPCHECKINSTRUCTIONS

# Home Blood Pressure Checks: Documentation

Snapshot

Demographics

Chart Review

Care Everywh...

Medications

Call Intake

Take Action

FYI

CALL INTAKE

BestPractice

Contacts

Reason for Call

Documentation

Medications

Outside Meds

Verify Rx Benefits

Care Everywhere

Connect

BestPractice Advisories

BMI Outlier:  
Complete Suggested Smartset Follow-Up Plan - Age 18-64: BMI less than 18.5 or greater than or equal to 25. [NQF BMI Guidelines](#)

Estimated body mass index is 26.63 kg/m² as calculated from the following: Height as of 8/18/20: 5' 6" (1.676 m). Weight as of 8/18/20: 74.8 kg (166 lb)

Open SmartSet

Do Not Open

BMI OUTLIER FOLLOW UP PLAN

Preview

Accept (1)

Contacts

Incoming Call

Outgoing Call

Other

Permanent Comments

Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000  
Notice of Visitation Right Issued: Yes; Notice Issued Date: 20160721000000

1. Open a telephone call

Care Everywh...

Review Flows...

Results Review

Allergies

History

Problem List

Implants

Demographics

Letters

HM

EDR

PACS

SignOut D/C

SCANS/ONBA...

Patient Message

To: [Redacted]

Rega [Redacted]

RE: Blood pressure

Arial

B

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Insert SmartText

↶

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↻

Hi. Thanks for sending me your blood pressure readings. I will enter them in the chart.

===View-only below this line===

----- Message -----

[Redacted]

Dates

Delay sending until

Date

Notify me if no

9/17/2020

Options

☐ Do not allow patient r

☐ Send patient reply to i

☒ Mark message as don

Tasks & Attachment

Attachment

General Questionnaire

History Questionnaire

or a MyChart message

[illegible]

For MyChart messages, you will be prompted to select the contact date/type

← → ▾

Patient Message

SnapShot

Chart Review

Care Everywh...

Review Flows...

Results Review

Allergies

Medications

History

Problem List

Implants

Demographics

Letters

HM

EDR

PACS

SignOut D/C

SCANS/ONBA...

ECG\_MUSE

Doc Flowsheets

Advance Care ...

To: [Redacted]

Regar [Redacted]

RE: Request a Referral

★

Arial

B

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+

Insert

===View-only below this line===

----- Message -----

[Redacted]

Encounter Selection for Johnson, Robin

Selected record: Johnson, Robin

Number	Contact Date	Contact Type
1190	11/17/20	Appointment
1189	10/12/20	Appointment
1188	9/30/20	Appointment
1187	9/3/20	MyChart Messages
1186	8/27/20	Orders Only
1185	8/21/20	MyChart Messages
1184	8/21/20	Office Visit
1183	8/3/20	History

Search >>

More

Accept

Cancel

Encounter Information: 10 loaded so far, press More to see more.

Tasks & Attachments

Attachment

General Questionnaire

History Questionnaire

+ Add

+ Add


+ Add

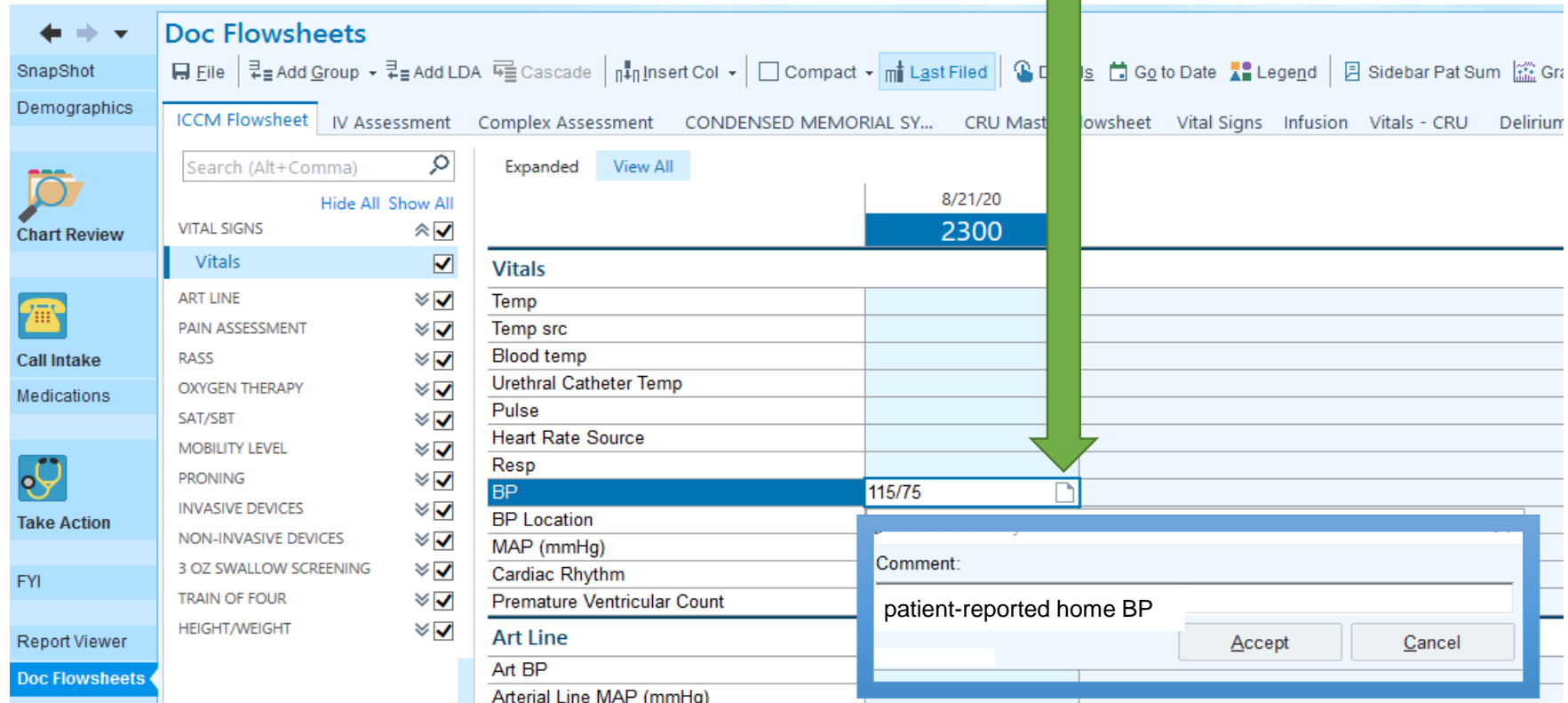
3. Open vital signs flowsheet.  
You can use the default Doc  
Flowsheet (ICCM Flowsheet)

4. Enter the most  
recent home BP reading

The screenshot shows the 'Doc Flowsheets' interface. The left sidebar contains navigation options: SnapShot, Demographics, Chart Review, Call Intake, Medications, Take Action, FYI, Report Viewer, and Doc Flowsheets (selected). The main area displays the 'ICCM Flowsheet' for 'Vitals'. A search bar is at the top. Below the search bar, a list of vital signs is shown with checkboxes: VITAL SIGNS, Vitals, ART LINE, PAIN ASSESSMENT, RASS, OXYGEN THERAPY, SAT/SBT, MOBILITY LEVEL, PRONING, INVASIVE DEVICES, NON-INVASIVE DEVICES, 3 OZ SWALLOW SCREENING, TRAIN OF FOUR, and HEIGHT/WEIGHT. The 'Vitals' section is expanded, showing a table with columns for 'Temp', 'Temp src', 'Blood temp', 'Urethral Catheter Temp', 'Pulse', 'Heart Rate Source', 'Resp', 'BP', 'BP Location', 'MAP (mmHg)', 'Cardiac Rhythm', and 'Premature Ventricular Count'. The 'BP' row is highlighted, and the value '115/75' is entered in the 'BP' column. A green arrow points from the instruction box to this entry field.

Expanded		8/21/20
		2300
<b>Vitals</b>		
Temp		
Temp src		
Blood temp		
Urethral Catheter Temp		
Pulse		
Heart Rate Source		
Resp		
BP	115/75	
BP Location		
MAP (mmHg)		
Cardiac Rhythm		
Premature Ventricular Count		
<b>Art Line</b>		
Art BP		
Arterial Line MAP (mmHg)		

5. Click on  and enter "patient-reported home BP" as a comment



The screenshot displays the 'Doc Flowsheets' application interface. On the left is a sidebar with navigation options: SnapShot, Demographics, Chart Review, Call Intake, Medications, Take Action, FYI, Report Viewer, and Doc Flowsheets (which is highlighted). The main area is titled 'Doc Flowsheets' and contains a search bar, a list of tabs (ICCM Flowsheet, IV Assessment, Complex Assessment, CONDENSED MEMORIAL SY..., CRU Master, Flowsheet, Vital Signs, Infusion, Vitals - CRU, Delirium), and a list of vital signs with checkboxes. The 'Vitals' section is expanded, showing a table with columns for 'Expanded', 'View All', and a date '8/21/20'. The table lists various vital signs: Temp, Temp src, Blood temp, Urethral Catheter Temp, Pulse, Heart Rate Source, Resp, BP (highlighted), BP Location, MAP (mmHg), Cardiac Rhythm, and Premature Ventricular Count. A comment box is open for the 'BP' entry, containing the text 'patient-reported home BP' and 'Accept' and 'Cancel' buttons. A green arrow points from the instruction box to the comment icon next to the BP entry.

Expanded	View All	8/21/20
		2300
<b>Vitals</b>		
		Temp
		Temp src
		Blood temp
		Urethral Catheter Temp
		Pulse
		Heart Rate Source
		Resp
		BP
		BP Location
		MAP (mmHg)
		Cardiac Rhythm
		Premature Ventricular Count
<b>Art Line</b>		
		Art BP
		Arterial Line MAP (mmHg)

Viewing the reading in the  
vital signs flowsheet

← → ▾

## Flowsheet Report

Select Flowsheets to View

VITALS [74]

Load More

VITALS	5/1/2020	5/1/2020	5/1/2020	5/1/2020	5/1/2020	5/20/2020	5/20/2020	8/12/2020	8/12/2020	8/20/2020	8/21/2020
Systolic BP	110	107				128		159	150	112	115
Diastolic BP	62	59				74		81	80	72	75
Pulse	76	76	84	84	92	101	88	95			
Site						Left Arm		Left Arm	Right Arm		
BP Position						Sitting		Sitting			
Temp						97.5		97.7			
Resp	20	20	20	19	18	16					
SpO2	97	100				98		100			
Height						62 in		62 in			
Weight						165 lbs		169 lbs			
Comments											
BMI (Calculated) kg/m						30.2		31			

indicates that there is a  
comment associated with the  
reading



←

→

▼

SnapShot

Chart Review

Review Flows...

Results Review

Allergies

History

Medications

Problem List

Implants

Demographics

Letters

HM

Flowsheet Report


Select Flowsheets to View

VITALS [74]

Load More

VITALS	5/1/2020	5/1/2020	5/1/2020	5/1/2020	5/1/2020	5/20/2020	5/20/2020	8/12/2020	8/12/2020	8/20/2020	8/21/2020	
Systolic BP	110	107				128		159	150	112	115	
Diastolic BP	62	59				74		81	80	72	75	
Pulse	76	76	84	84	92	101	88	95				
Site						Left Arm		Left Arm	Right Arm			
BP Position						Sitting		Sitting				
Temp						97.5		97.7				
Resp	20	20	20	19	18	16						
SpO2	97	100				98		100				
Height						62 in		62 in				
Weight						165 lbs		169 lbs				
Comments												
BMI (Calculated) kg/m						30.2		31				

patient-reported home BP

Hover over the  to view the comment

## My Note

### Telephone Encounter

 Sensitive  Tag  Details 

Service:

☐ Cosign Required

 Arial      Insert SmartText      

#### Home Blood Pressure Check

Called patient to review home blood pressure readings.

Patient has home blood pressure monitor: {Y/N:21618::"Yes"}

Accuracy of home blood pressure monitor has been verified in the office: {Y/N:21618::"Yes"}

Patient is currently on the following antihypertensive medication regimen: \*\*\*

Blood pressure readings:

DATE	Morning BP	Afternoon BP	Evening BP	Other BP

Most recent home BP reading entered into vital signs flowsheet, with comment "patient-reported home BP": {Y/N:21618::"Yes"}

Patient instructed to \*\*\*

Patient verbalized understanding.

Nursing Note: Document  
call/message using smartphrase  
".HOMEBLOODPRESSURECHECK"

# Appendix: Entering historical BPs into the VS flowsheet

← → ▾

SnapShot

Demographics

Chart Review

Call Intake

Medications

Take Action

FYI

Report Viewer

Doc Flowsheets

Doc Flowsheets

File Selected | Add Group ▾ | Add LDA ▾ | Cascade | Insert Col ▾ | Compact ▾ | Last Filed | Details | Go to Date | Legend | Sidebar Pat S

ICCM Flowsheet | IV Assessment | Complex Assessment | CONDENSED MEMORIAL SY... | CRU Master Flowsheet | Vital Signs | Infusion | Vitals - CRU | Deliri

Search (Alt+Comma) 🔍

Hide All Show All

VITAL SIGNS

ART LINE

PAIN ASSESSMENT

Pain Assessment

CPOT (Critical Care Pain...

RASS

OXYGEN THERAPY

SAT/SBT

MOBILITY LEVEL

PRONING

INVASIVE DEVICES

NON-INVASIVE DEVICES

3 OZ SWALLOW SCREENING

TRAIN OF FOUR

HEIGHT/WEIGHT

Expanded View All

8/21/20

2300

Vitals

Temp

Temp src

Blood temp

Urethral Catheter Temp

Pulse

Heart Rate Source

Resp

BP

BP Location

MAP (mmHg)

Cardiac Rhythm

Premature Ventricular Count

Art Line

Art BP

Arterial Line MAP (mmHg)

Copy Column to Another Column

New Note

File Selected

← → ▾

SnapShot

Demographics

Chart Review

Call Intake

Medications

Take Action

FYI

Report Viewer

Doc Flowsheets

Doc Flowsheets

File Selected | Add Group | Add LDA | Cascade | Insert Col ▾ | Compact ▾ | Last Filed | Details | Go to Date | Legend | Sidebar Pat Sum

ICCM Flowsheet | IV Assessment | Complex Assessment | CONDENSED MEMORIAL SY... | CRU Master Flowsheet | Vital Signs | Infusion | Vitals - CRU | Delirium

Search (Alt+Comma) 🔍

Hide All Show All

VITAL SIGNS ☒

ART LINE ☒

PAIN ASSESSMENT ☒

Pain Assessment ☒

CPOT (Critical Care Pain... ☒

RASS ☒

OXYGEN THERAPY ☒

SAT/SBT ☒

MOBILITY LEVEL ☒

PRONING ☒

INVASIVE DEVICES ☒

NON-INVASIVE DEVICES ☒

3 OZ SWALLOW SCREENING ☒

TRAIN OF FOUR ☒

HEIGHT/WEIGHT ☒

Expanded View All

8/21/20  
2300

Vitals

Temp

Temp src

Blood temp

Urethral Catheter Temp

Pulse

Heart Rate Source

Resp

BP

BP Location

MAP (mmHg)

Cardiac Rhythm

Premature Ventricular Count

Art Line

Art BP

Arterial Line MAP (mmHg)

Arterial Line Location

Art Line Wave Form

Art BP Line 2

Arterial Line 2 MAP (mmHg)

Pain Assessment

Pain Scale Adult

Pain Level

Date/Time Entry

Date: 8/20/2020

◀ August ▶ 2020 ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

Today

Time: 2330

Accept Cancel

← → ▾

SnapShot

Demographics

Chart Review

Call Intake

Medications

Take Action

FYI

Report Viewer

Doc Flowsheets

Doc Flowsheets

FileAdd GroupAdd LDACascadeInsert ColCompactLast FiledDetailsGo to DateLegendSidebar Pat S

ICCM FlowsheetIV AssessmentComplex AssessmentCONDENSED MEMORIAL SY...CRU Master FlowsheetVital SignsInfusionVitals - CRU

Search (Alt+Comma)

Hide AllShow All

VITAL SIGNS

Vitals

ART LINE

PAIN ASSESSMENT

RASS

OXYGEN THERAPY

SAT/SBT

MOBILITY LEVEL

PRONING

INVASIVE DEVICES

NON-INVASIVE DEVICES

3 OZ SWALLOW SCREENING

TRAIN OF FOUR

HEIGHT/WEIGHT

ExpandedView All


	8/20/20	8/21/20
	2330	2300
Vitals		
Temp		
Temp src		
Blood temp		
Urethral Catheter Temp		
Pulse		
Heart Rate Source		
Resp		
BP		115/75
BP Location		
MAP (mmHg)		
Cardiac Rhythm		
Premature Ventricular Count		
Art Line		
Art BP		
Arterial Line MAP (mmHg)		




← → ▾


SnapShot

Demographics

Chart Review

Call Intake

Medications

Take Action

FYI

Report Viewer

Doc Flowsheets

Doc Flowsheets

File | Add Group ▾ | Add LDA ▾ | Cascade ▾ | Insert Col ▾ | Compact ▾ | Last Filed | Details | Go to Date | Legend | Sidebar Pat Sum | Gra

ICCM Flowsheet | IV Assessment | Complex Assessment | CONDENSED MEMORIAL SY... | CRU Master Flowsheet | Vital Signs | Infusion | Vitals - CRU | Delirium

Search (Alt+Comma) 🔍

Hide All Show All

VITAL SIGNS ⌵ ✓

Vitals ✓

ART LINE ⌵ ✓

PAIN ASSESSMENT ⌵ ✓

RASS ⌵ ✓

OXYGEN THERAPY ⌵ ✓

SAT/SBT ⌵ ✓

MOBILITY LEVEL ⌵ ✓

PRONING ⌵ ✓

INVASIVE DEVICES ⌵ ✓

NON-INVASIVE DEVICES ⌵ ✓

3 OZ SWALLOW SCREENING ⌵ ✓

TRAIN OF FOUR ⌵ ✓

HEIGHT/WEIGHT ⌵ ✓

Expanded View All

	8/20/20	8/21/20	
	2330	2300	
Vitals			
Temp			
Temp src			
Blood temp			
Urethral Catheter Temp			
Pulse			
Heart Rate Source			
Resp			
BP	112/72	115/75	
BP Location	Comment Entry		
MAP (mmHg)	Comment: patient-reported home BP		
Cardiac Rhythm			
Premature Ventricular Count			
Art Line			
Art BP			
Arterial Line MAP (mmHg)			

Comment Entry

Comment: patient-reported home BP

Accept Cancel



← → ▾

SnapShot

Demographics

Chart Review

Call Intake

Medications

Take Action

FYI

Report Viewer

Doc Flowsheets

Doc Flowsheets

FileAdd GroupAdd LDACascadeInsert ColCompactLast FiledDetailsGo to DateLegendSidebar Pat Sum

ICCM FlowsheetIV AssessmentComplex AssessmentCONDENSED MEMORIAL SY...CRU Master FlowsheetVital SignsInfusionVitals - CRUDE

Search (Alt+Comma)

Hide AllShow All

VITAL SIGNS

Vitals

ART LINE

PAIN ASSESSMENT

RASS

OXYGEN THERAPY

SAT/SBT

MOBILITY LEVEL

PRONING

INVASIVE DEVICES

NON-INVASIVE DEVICES

3 OZ SWALLOW SCREENING

TRAIN OF FOUR

HEIGHT/WEIGHT

ExpandedView All

	8/20/20	8/21/20	
	2330	2300	
Vitals			
Temp			
Temp src			
Blood temp			
Urethral Catheter Temp			
Pulse			
Heart Rate Source			
Resp			
BP	112/72	115/75	
BP Location			
MAP (mmHg)			
Cardiac Rhythm			
Premature Ventricular Count			
Art Line			
Art BP			
Arterial Line MAP (mmHg)			